



Three questions to ask your patients this National Asthma Week

01. Are you experiencing any breathing symptoms, even occasionally?

Wheezing, coughing, chest tightness and shortness of breath are often overlooked, particularly in adults. Breathlessness is not a normal part of ageing. Asking the right questions can help identify asthma earlier.

02. How often are your symptoms affecting your daily life?

Asthma may be under-recognised or poorly controlled if symptoms are affecting sleep, daily activities, work, or exercise.

03. Do you feel confident managing your asthma?

Patients can benefit from education, inhaler technique review and a personalised Asthma Action Plan

Respiratory Care WA provides free and personalised, community-based respiratory services for people affected by asthma and COPD. Our services include respiratory education, lung function testing, health promotions and health professional respiratory training.



Respiratory Care WA



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