



Asthma-ready classroom checklist

What to know to get your classroom asthma ready

Tick the boxes once you have completed the following:

<input checked="" type="checkbox"/>	Identify students in the class with asthma. Review their Asthma Action Plan.
<input type="checkbox"/>	Talk to parents and students about their asthma. Assess potential triggers in the school environment. Do they need help to take their medicine?
<input type="checkbox"/>	Know the signs and symptoms of asthma and plan how you will manage an asthma emergency, both inside and out of the classroom.
<input type="checkbox"/>	Be prepared for asthma emergencies: ensure students have access to their reliever and spacer.
<input type="checkbox"/>	Keep the classroom clean and clutter-free. Reduce items that gather dust and dust with a damp cloth when the class is empty.
<input type="checkbox"/>	Fragrance free or low odour products are best, such as cleaning products. Avoid use of aerosol products.
<input type="checkbox"/>	Teach students how they can stop the spread of virus' through hand-washing, hand sanitiser, covering your mouth, cough into your elbow and using tissues.
<input type="checkbox"/>	Keep windows closed when smoky outside or on high pollen count days. Outdoor air can play a role in the air quality inside the classroom.

For more information, please contact us:

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